

And now for something completely different...

A Cross Country Mixer Scrimmage

When: September 8, 2018

Where: Dansville XC Course (one hill [repeated for varsity], 3 & 1.5 miles)

Directions: 284 Main St, Dansville, NY 14437. *From the South:* follow State 36 North into Dansville. Turn left at the light on Main Street (Route 63) and continue for one mile to the school. *From the North:* Take the Dansville Exit on 390. Turn left to Route 36. Turn right at the light and left at McDonald's onto Maple Street. Turn left on Main Street [Route 63]. Turn into the bus entrance.

Bus Parking: Buses may drop students off in front of the school. Course starting line is to the right of the elementary school.

Fee: A canned or dry food donation from each athlete and coach. Our goal is 1000 items: 500 for the Dansville community food pantry and 500 for Hornell's.

Time: Course opens for tour at 8:30 AM.

Modified race at 10:00 AM

Varsity race at 10:30 AM

Awards: T-shirts to the winning varsity and modified team members.

Concessions: ?

What makes this meet different?

Rather than compete for their home schools, athletes will be organized into coed teams of five to seven. The number of teams will depend on the number of schools who participate. Team scores will be tallied at the completion of each race. To reiterate, boys and girls will run together. *Please note that the results of this meet cannot count as an official contest as it does not follow standard NFHS or NYSPHSAA format. We believe that the date is early enough not to affect any athlete's ability to participate in the required number of meets or top runners' state ranking.*

Why conduct a meet like this?

To mix things up, of course. Seriously, this will be a great way to promote camaraderie, sportsmanship, and fun. After all, we all are in this crazy sport together

What should athletes wear?

We will attempt to send out team rosters before the competition. The teams will likely be indicated by color. If the athletes have tops in that color, that would be advisable. We will try to have a wristband or ribbon to pin on clothing as well. If athletes want to coordinate beforehand and wear costumes, headbands, funky socks, face paint or whatever, have at it!

What else do coaches need to do beside show up with runners and food donations?

Please send me your rosters (on the next page) ranked by ability from best to worst. We will use these to create balanced mixed-team and gender rosters. We will return team lists by Tuesday, September 6th.

Please confirm and send rosters to damian.demarco@hornellcsd.org by Sept. 2, 2018.

