

Hornell XC 2017

Hornell Cross Country 2017 SCHEDULE

Date	Event	Time	Location	Bus	workout
8/7	open	8:30 AM	North Hornell		distance
8/8	open	8:30 AM	North Hornell		distance
8/9	"get ready"	8:30 AM	Arkport track		distance
8/10	camp	8:30 AM	Can-Green track		distance
8/11	dates	8:30 AM	Hornell back lot	Parent Mtg.	distance
8/14	practice	8:30 AM	back parking lot		distance
8/14	Parent Meeting	6:00 PM	A-Gym		
8/15	practice	8:30 AM	North Hornell		distance
8/16	practice	8:30 AM	back parking lot		distance
8/17	practice	8:30 AM	James Street		distance
8/18	practice	8:30 AM	back parking lot		hills
8/21	practice	8:30 AM	back parking lot		distance
8/22	practice	8:30 AM	back parking lot		distance
8/23	practice	8:30 AM	back parking lot		intervals
8/24	practice	8:30 AM	back parking lot		distance
8/25	practice	8:30 AM	back parking lot		intervals
8/28	practice	8:30 AM	back parking lot		distance
8/29	Two-mile Time Trial	10:00 AM	North Hornell		
8/30	practice	8:30 AM	back parking lot		intervals
8/31	practice	3:30 PM	back parking lot		distance
9/1	practice	8:30 AM	back parking lot		distance
9/5	practice	3:30 PM	back parking lot		distance
9/6	Meet	4:30 PM	North Hornell	3:15 PM	
9/7	practice	3:30 PM	back parking lot		distance
9/8	practice	3:30 PM	back parking lot		hills
9/9	Mixer Scrimmage	10:00 AM	Can.-Green.		
9/11	practice	3:30 PM	back parking lot		distance
9/12	Meet	4:30 PM	Campbell-Savona		
9/13	practice	3:30 PM	back parking lot		intervals
9/14	practice	3:30 PM	back parking lot		distance
9/15	practice	3:30 PM	back parking lot		distance
9/16	Invitational	9:30 AM	Bradford	7:30 AM	
9/18	practice	3:30 PM	back parking lot		distance
9/19	Meet	4:30 PM	North Hornell		
9/20	practice	3:30 PM	back parking lot		hills
9/21	practice	3:30 PM	back parking lot		distance
9/22	practice	3:30 PM	back parking lot		distance
9/23	Invitational	9:30 AM	Dansville	7:30 AM	
9/25	practice	3:30 PM	back parking lot		distance
9/26	Meet	4:30 PM	Addison	3:45 PM	
9/27	practice	3:30 PM	back parking lot		intervals
9/28	practice	3:30 PM	back parking lot		distance
9/29	practice	3:30 PM	back parking lot		distance

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9/30	Invitational	TBA	McQuaid	7:30 AM	
10/2	practice	3:30 PM	back parking lot		distance
10/3	Meet	4:30 PM	North Hornell		
10/4	practice	3:30 PM	back parking lot		intervals
10/5	practice	3:30 PM	back parking lot		distance
10/6	practice	3:30 PM	back parking lot		distance
10/7	Invitational	11:00 AM	So. Tier at All-Lime	9:00 AM	
10/10	Meet	4:30 PM	Troupsburg	3:15 PM	
10/11	practice	3:30 PM	back parking lot		intervals
10/12	practice	3:30 PM	back parking lot		distance
10/13	practice	3:30 PM	back parking lot		distance
10/14	Invitational	11:00 AM	Cuba-Rushford	9:30 AM	
10/16	practice	3:30 PM	back parking lot		intervals
10/17	Meet	4:30 PM	Bath C.C.	3:15 PM	
10/18	practice	3:30 PM	back parking lot		intervals
10/19	practice	3:30 PM	back parking lot		distance
10/20	practice	3:30 PM	back parking lot		intervals
10/21	Invitational	11:50 AM	Clarence	9:00 AM	
10/23	practice	3:30 PM	back parking lot		hills
10/24	Meet	4:30 PM	Mod. Meet at J-T	3:15 PM	intervals
10/25	practice	3:30 PM	back parking lot		distance
10/26	practice	3:30 PM	back parking lot		distance
10/27	practice	3:30 PM	back parking lot		distance
10/30	practice	3:30 PM	back parking lot		hills
10/31	practice	3:30 PM	back parking lot		intervals
11/1	practice	3:30 PM	back parking lot		distance
11/2	practice	3:30 PM	back parking lot		distance
11/3	practice	3:30 PM	back parking lot		distance
11/4	Sectionals	TBA	Wayne	TBA	
11/6	practice	3:30 PM	back parking lot		distance
11/7	practice	3:30 PM	back parking lot		hills
11/8	practice	3:30 PM	back parking lot		distance
11/9	practice	3:30 PM	back parking lot		distance
11/10	practice	TBA	back parking lot		distance
11/11	States	TBA	Wayne	TBA	